

KNOW YOUR NUMBERS

Bringing blood pressure and pulse checks to the community!



If you can't make it, ask at your community pharmacy or GP for a blood pressure check.



Scan to
learn more!



Where can you find us?

7

Monday 7 September (10am–2pm):
Cranley Parade, Beaconsfield Road,
Mottingham, SE9 4DZ.

10

Thursday 10 September (10am–2pm):
Bromley Football Club, The Copperjax
Community Stadium, Hayes Lane,
Bromley, BR2 9EF.

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Friday 11 September (9am–3pm):
Empire Square, Penge High
Street, Penge, SE20 7EX.



www.bromley.gov.uk/bloodpressure



Know Your Numbers Week (7–11 Sept)